JULY 17-19, 2022 IN TROUT LAKE, WA











## JOIN YOGA TEACHER CRYSTAL BORUP

Take time out of your busy life to care for yourself as you join Crystal on a 2 night, 3 day yoga retreat. Connect with nature and align with Mother Earth. Feel nourished and stronger within yourself. Experience peace and joy within. Be part of a loving and supportive community. \*Retreat will be outdoors (COVID conscious). Space is limited. For questions email: crystalborup@icloud.com, call/text: 360.600.2538. Register online at the link below!